

M	SUNDAY 10-8-17	MONDAY 10-9-17	TUESDAY 10-10-17	WEDNESDAY 10-11-17	THURSDAY 10-12-17	FRIDAY 10-13-17	SATURDAY 10-14-17
B R E A K F A S T	APPLE JUICE COLD CEREAL BRK OMELET CRISPY BACON TOAST/JELLY MILK WHOLE COFFEE MARGARINE	CRANBERRY JUICE CREAM OF WHEAT SAUSAGE PATTIES PANCAKES MILK WHOLE COFFEE SYRUP	ORANGE JUICE OATMEAL SCRAMBLED EGG CRISPY BACON TOAST/JELLY MILK WHOLE COFFEE MARGARINE	APPLE JUICE COLD CEREAL SAUSAGE PATTIES TOAST/JELLY MILK WHOLE COFFEE MARGARINE	CRANBERRY JUICE CREAM OF WHEAT SCRAMBLED EGG ENGLISH MUFFIN MILK WHOLE COFFEE JELLY MARGARINE	ORANGE JUICE OATMEAL SCRAMBLED EGG CRISPY BACON RAISIN BREAD MILK WHOLE COFFEE MARGARINE	APPLE JUICE COLD CEREAL FRIED EGG BISCUIT MILK WHOLE COFFEE JELLY MARGARINE
N O O N	ROAST BEEF/GRVY BAKED POTATO HALF/SOUR CRM SAUTÉED SPINACH ROLL/MARG STRAWBERRY SHORTCAKE MILK WHOLE BEVERAGE	ROSEMARY ROAST PORK BOWTIE PASTA DI AGLIO TOSSED SALAD/DRSG ROLL/MARG FRUIT CRUMB PUDDING MILK WHOLE BEVERAGE	CHICKEN PARMESAN/MARINARA MASHED POTATOES MIXED VEGETABLES ROLL/MARG SHERBET MILK WHOLE BEVERAGE	SALISBURY STEAK/GRVY CREAMED NOODLES BUTTERED CARROTS GARLIC BREAD STICK YELLOW CAKE/FROSTING MILK WHOLE BEVERAGE	ROAST TURKEY CORNBREAD DRESSING SEAS GREEN BEANS ROLL/MARG PEACH COBBLER MILK WHOLE BEVERAGE	POTATO CRUSTED FISH RICE PILAF MIXED VEGETABLES ROLL/MARG STRAWBERRY FLUFF MILK WHOLE BEVERAGE	BAKED ZITI GARDEN SALAD BREAD STICK APPLE PIE MILK WHOLE BEVERAGE
E V E N I N G	CHICKEN FAJITA FIESTA RICE FAJITA VEGETABLES FROSTED CAKE MILK WHOLE BEVERAGE	CRM OF BROCCOLI SOUP CHEF SALAD SALAD DRSG BREAD STICK FRESH BAKED COOKIE MILK WHOLE BEVERAGE	OVEN FRIED FISH RICE PILAF CAESAR SALAD ROLL/MARG TAPIOCA PUDDING MILK WHOLE BEVERAGE	CHEESE ENCHILADAS REFRIED BEANS SHRED LETTUCE/TOMATO TOMATO SALSA APRICOTS MILK WHOLE BEVERAGE	ROAST BEEF/GRVY MASHED POTATOES BUTTERED CORN BROWNIE ROLL/MARG MILK WHOLE BEVERAGE	PIZZA SUPREME TOSSED SALAD/DRSG BLUEBERRY COBBLER MILK WHOLE BEVERAGE	MINISTRONE SOUP TURKEY SALAD SANDWICH POTATO CHIPS CRACKERS EMERALD PEARS MILK WHOLE BEVERAGE
H S	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK	BEVERAGE CHOICE OF SNACK

Notes:
REGULAR* is the Regular diet without a salt packet (NAS)

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Menus Approved By: *Thelma Pasado, RD*
Dates: 7/16/17, 8/13/17, 9/10/17, 10/8/17

Kitchen: (559) 251-8002

- Lunch & Dinner Alternates:
- Cheese Quesadilla & Green Salad
 - Cottage Cheese & Fruit Plate
 - Sandwich & Soup De Jour
 - Omelette W/ Salsa