

## Twilight Haven Senior Living Weekly Menu

	Sunday	1/16/22	Monday	1/17/22	Tuesday	1/18/22	Wednesday	1/19/22	Thursday	1/20/22	Friday	1/21/22	Saturday	1/22/22
<b>Breakfast</b>	Orange Juice Cream of Wheat Brk Omelet Bacon Cinnamon Toast Milk Whole Coffee	Cranberry Juice Oatmeal Scrambled Egg Biscuit Milk Whole Coffee Jelly Margarine	Apple Juice Cream of Wheat Sausage Patty Pancakes Milk Whole Coffee Margarine Syrup	Orange Juice Oatmeal Scrambled Egg Toast/Jelly Milk Whole Coffee Margarine	Cranberry Juice Cold Cereal Sausage Patty French Toast Milk Whole Coffee Syrup	Apple Juice Oatmeal Scrambled Egg/Onions English Muffin Milk Whole Coffee Margarine Jelly	Orange Juice Cream of Wheat Scrambled Egg Breakfast Ham Slice Biscuit Milk Whole Coffee Margarine Jelly							
<b>Lunch</b>	Oven Fried Chicken Ranch Roasted Potatoes Capri Blend Veg Roll/Marg Chocolate Cream Pie Beverage Milk Whole	Baked Ham Seas White Beans Seas Zucchini Cornbread/Marg Peach Cobbler Beverage Milk Whole	Salisbury Steak/Grvy Scalloped Potatoes Seas Green Beans Roll/Marg Coconut Cake Beverage Milk Whole	Pork Chop/Mushroom SCE Herbed Rice Italian Blend Veg Roll/Marg Banana Fudge Parfait Beverage Milk Whole	Chicken Stroganoff Noodles California Blend Veg Biscuit Key Lime Bar Beverage Milk Whole	Panko Crusted Fish Tartar Sauce Sour Cream Mashed Potatoes Buttered Spinach Roll/Marg Gelatin/Peaches Beverage Milk Whole	Meatballs/Marinara Spaghetti Tossed Salad/Drsg Garlic Bread Stick Frosted Cake Beverage Milk Whole							
<b>Dinner</b>	Cheeseburger Oven Curly Fries Lett, Tom, Pick, Onion Five Fruit Delight Beverage Milk Whole Ketchup/Mayo/Mustard	Baked Ziti Winter Mix Vegetables Bread Stick Iced Brownie Beverage Milk Whole Margarine	Broccoli & Cheese Soup Southwest Chicken SLD Garlic Bread Stick Pear Fluff Beverage Milk Whole	Country Fried Steak Country Gravy Mashed Potatoes/Grvy Peas with Pimento Cornbread/Marg Sherbet Beverage Milk Whole	Tomato Soup Grilled Cheese Sandwich Oven French Fries Crackers Mixed Fruit Cup Beverage Milk Whole	BBQ Pork Ribette Macaroni & Cheese Stewed Tomatoes Roll/Marg Ice Cream Beverage Milk Whole	Chicken Tenders Baked Beans Confetti Slaw Roll/Marg Winter Fruit Cup Beverage Milk Whole							
<b>HS</b>	Beverage Choice of Snack	Beverage Choice of Snack	Beverage Choice of Snack	Beverage Choice of Snack	Beverage Choice of Snack	Beverage Choice of Snack	Beverage Choice of Snack							

**Kitchen: (559) 251-8002**

Lunch & Dinner Alternates:

- Cheese Quesadilla/Salsa, Green Salad & Dressing
- Cottage Cheese & Fruit Plate
- Hamburger w/ Lettuce, Tomatoes, Onion, Pickles & Chips
- Hot Dog w/ Ketchup, Mustard & Chips
- Omelet w/ Salsa, Green Salad & Dressing
- Peanut Butter & Jelly Sandwich and/or Banana

